

Supporting Children's Anxiety Workshop

Course Name	Start Date	End Date	Site	Total Fees
Supporting Children's Anxiety workshop - Crosby Primary School (June)	07/06/2024	07/06/2024	Crosby Primary School	0.00
Supporting Children's Anxiety workshop - Holme Valley Primary School (July)	12/07/2024	12/07/2024	Holme Valley Primary	0.00
Supporting Children's Anxiety workshop - St Norberts (June)	11/06/2024	11/06/2024	ST NORBERTS R.C. PRIMARY SCHOOL	0.00
Supporting Children's Anxiety workshop - Brigg Primary School (June)	25/06/2024	25/06/2024	Brigg Primary School	0.00
Supporting Children's Anxiety workshop - John Harrison C of E Primary (May)	21/05/2024	21/05/2024	John Harrison Primary	0.00
Supporting Children's Anxiety - Berkeley Primary School (July)	10/07/2024	10/07/2024	BERKELEY PRIMARY SCHOOL	0.00

Course Description

IMPORTANT: All of the workshops above are only available for parents and carers of children attending the schools shown.

Supporting Children's Anxiety Workshop

An interactive workshop to look at how to identify and support a child's anxiety and emotional wellbeing.

Course Overview

- To share key messages to support a child's emotional wellbeing, including what anxiety is, what it looks like and how to manage it effectively
- To discuss resilience and how you as parents, carers and/or professionals can help to develop a child's resilience.
- To share resources, activities, ideas and other support services which may help to support a child's anxiety and emotional wellbeing.

Delivery method

Face to face class. You will be expected to complete an evaluation form.

Suitable for

Parents/carers and any professionals who wish to gain an understanding of children's anxiety and emotional wellbeing and how to support this.

Progression route

Understanding Tweenagers

Youth Mental Health Awareness

Youth Mental Health First Aid

Understanding Children and Young People's Mental Health - Level 2 Certificate.

If you require more information about this course, please use this link:-

[Course Information Enquiry](#) to enquire from our website or telephone our Customer Service Team on 01724 297146.

Entry requirements

You must be aged 19+ on 31 August 2023 to join this course.

You must complete an online induction, which includes online safety, before you begin a course with us.

Why you should study with us

[Click here to see our FAQ page](#)

DISCLAIMER: You must be 19+ on 31 August 2023 and a UK resident for at least 3 years. When applying for this course, you must provide evidence to confirm eligibility for funding, which includes proof of ID and full address.