

Award in Mental Health Awareness Level 1

Course Name	Start Date	End Date	Site	Total Fees
Award in Mental Health Awareness - Level 1 - Ashby Hub - Wednesday Afternoons	05/06/2024	27/07/2024	Ashby Community Hub	35.00

Course Description

*** Please note that when you apply for a course, you will not be enrolled until a tutor has reviewed your application.**

The tutor may need to speak to you and request further information from you. Your place is not guaranteed until you receive confirmation from a tutor or a member of our Customer Services Team *

Level 1 Award in Mental Health Awareness

Content and overview

The Level 1 Award in Mental Health Awareness is designed to increase your knowledge and understanding of mental health, as well as develop your practical and emotional skills; to help you to progress to a rewarding career in the health and social care, counselling, or education sectors. It's also a great choice for absolutely anyone - from any industry or background – who wants to develop their understanding of mental health and the causes of mental distress, and gain a basic understanding about the topic; for their own personal or professional reasons.

This course will raise awareness of the issues surrounding mental health difficulties; dispel some of the myths and misconceptions frequently linked to mental health issues; and develop your knowledge of the rights of those with mental health issues.

Delivery Method

This course is completed via blended learning. You will be required to complete the Level 1 Award in Mental Health Awareness learner workbook (hard copy) and an individual learning plan (ILP).

Suitable for:

The qualification is appropriate for a wide range of people with an interest in raising their own understanding of mental health issues. It would complement study in a range of areas, eg citizenship, PSHE, healthcare, social care, counselling or public services. It may also be particularly useful for those working within the voluntary and community sector and for others whose role calls for interaction with the general public in their day-to-day work.

Entry requirements

You must be aged 19+ on 31 August 2023 and UK resident for at least 3 years. This course is exclusive to Healthwatch NL staff.

Course fee

Registration fee is £35.00, however this fee can be waved depending on your situation (if you are on receipt of benefits, on low wage, etc).

Why you should study with us

[Click here to see our FAQ page](#)

Additional information

We recommend you register your interest early, as this course is very popular.
You will need to bring a paper and a pen with you. A folder is useful to keep your work in.

Our dedicated team will be happy to help – just call us on 01724 297146 or send us an email (nlacl.enquiries@northlincs.gov.uk)

DISCLAIMER: You must be aged 19+ on 31 August 2023 and have been a UK resident for at least 3 years. When applying for this course, you must provide evidence to confirm eligibility for funding which includes proof of ID and full address.

If you have not lived in the UK for 3 years, you can still do a course with us, but you may need to pay for your course, depending on your immigration status. Please contact us on 01724 297146 for more information.