

## Introduction to Counselling

Course Name	Start Date	End Date	Site	Total Fees
Introduction to Counselling-TH-AM-AS-TL	24/04/2025	08/05/2025	ANGEL SUITE	0.00

### Course Description

**Introduction to Counselling - 3 week course at the Angel in Brigg every Thursday.**

#### **Content and Overview**

This course is a short introduction for anyone considering working in the counselling sector. It will provide you with a basic understanding of counselling and an awareness of yourself and others in preparation for studying a counselling course.

#### **Suitable for**

This course is suitable for learners who are interested in working in counselling or using counselling skills in other areas of work and need a basic understanding of counselling skills.

This course is a beginners' introduction, so it is not suitable for those who already hold counselling qualifications.

#### **Entry requirements**

You must be aged 19+ on 31 August 2024 and a UK resident for at least 3 years to join this course as an adult learner.

#### **Delivery Method**

This course will be delivered face to face over 3 weeks.

#### **Fees**

Free of charge.

If you need any more information, please contact our Customer Service team on 01724 297146.

#### **Progression**

If you successfully complete this course, you may wish to progress onto Level 1 Gateway Award in Counselling.