

Understanding Child Trauma

Course Name	Start Date	End Date	Site	Total Fees
Understanding Child Trauma	02/07/2025	16/07/2025	Ashby Community Hub	0.00

Course Description

Do you support children who may have suffered trauma?

This course will enable you to have a deeper understanding of trauma and how this impacts the brain and body of a child into adulthood.

Content and Overview

The course will take place over three sessions.

Session one will be an opportunity to explore what trauma is and the impacts of this on the brain and body, both short and long term.

Session two will break down a trauma informed approach, allowing you to consider strategies that can be used to support children and young people to overcome trauma.

Session three will look at challenging behaviour, and how the impact of trauma can affect behaviour. It will allow you to look at behaviour through a trauma informed lens.

Suitable for

This course is suitable for foster carers and those individuals who are thinking of fostering.

Entry requirements

You must be aged 19+ on 31 August 2024 and a UK resident for at least 3 years to join this course as an adult learner.

Delivery Method

This course will be delivered face to face over 3 weeks.

Fees

Free of charge.

If you need any more information, please contact our Customer Service team on 01724 297146.

Progression

Learners who complete this course may wish to progress onto further courses to develop their understanding of children's behaviour:

Understanding feelings and behaviours (TL course)

Understanding behaviours that challenge L2

Understanding children and young people's mental health L2

Understanding Autism L2

Understanding children and young people's mental health L2

Understanding specific learning difficulties L2

Understanding adverse childhood experiences L2

Understanding mental health in the early years L2