

Counselling Level 1 Gateway Award

Course Name	Start Date	End Date	Site	Total Fees
Counselling - Gateway Level 1 Award - All	01/08/2025	31/07/2026	ANGEL SUITE	35.00

Course Description

Gateway Level 1 Award in Counselling Skills at the Angel in Brigg

This qualification is designed as an introduction to counselling skills and development of the skills related to counselling, such as empathy and listening. It is suitable for anyone considering going into work in the counselling sector. This course does not fully qualify you to work as a counsellor but provides a stepping stone onto further learning and gives you your first steps in understanding counselling skills.

Course Overview

This course will cover two units: Unit 1 helps improve knowledge and understanding of counselling, including why people seek counselling, the ways counsellors can help people, what skills counsellors need and how self-awareness and empathy can help.

Unit 2 looks at counselling skills, including empathy and boundaries. There will be opportunities to apply and practise some of the skills for counselling, including good listening skills.

Delivery method

Blended – face-to-face teaching plus online homework assignments.

Suitable for

This qualification is suitable for anyone who is interested in working in counselling or using counselling skills in other areas of work and want an understanding of counselling skills.

Progression route

Following achievement of this qualification, you could progress onto Level 2 Certificate in Counselling Skills.

Fees

This qualification is free for most. However, if you are not eligible for full funding, there is a £35.00 registration fee.

ADDITIONAL INFORMATION

You will need to bring a paper and a pen with you. A folder is useful to keep your work in.

DISCLAIMER: You must be aged 19+ on 31 August 2025 and have been a UK resident for at least 3 years. If you have not lived in the UK for 3 years, you can still do a course with us, but you may need to pay for your course, depending on your immigration status. Please contact us on 01724 297146 for more information.

When applying for this course, you must provide evidence to confirm eligibility for funding which includes proof of ID and full address.