

Understanding Autism - Level 2 Certificate - Distance Learning

Course Description

*** As this is a Distance Learning course, you can apply at any time during the academic year. However, please note that when you apply for a course, your place is not guaranteed until you receive confirmation from a tutor or a member of our Customer Services Team ***

Understanding Autism - NCFE Level 2 Certificate

Content and overview

Our Understanding Autism course will give you an understanding of autism and the principles of supporting autistic individuals. You will use a person-centred approach and learn about the influence that positive communication methods can have. You will also gain an understanding of how autistic individuals can be supported to live healthy and fulfilled lives.

Course Details

To be awarded the Level 2 Certificate in Understanding Autism, you are required to successfully complete 6 mandatory units:

Unit 01 - Introduction to autism

Covers what is meant by 'autism', and common misconceptions associated with autism.

Unit 02 - Using a person-centred approach to support autistic individuals

Looks at legislation and guidance, and the support networks available to individuals and their families.

Unit 03 - Communication and social interaction in autistic individuals

Covers the potential delays and difficulties in speech, language, and social development that can be faced by autistic people.

Unit 04 - Sensory processing, perception and cognition in autistic individuals

In this unit you will gain an understanding of sensory processing, perception, and cognition in autistic individuals and consider how to support their sensory needs.

Unit 05 - Supporting positive behaviour in autistic individuals

Looks at how to support positive behaviour and help individuals to develop coping strategies.

Unit 06 - Supporting autistic individuals to live healthy and fulfilled lives

Covers how to support individuals through transitions and life events, and how to access services, facilities and employment opportunities.

Entry requirements

You must be aged 19+ on 31 August 2025 to join this course.

You must complete an online induction, which includes online safety, before you begin a course with us.

Attendance and Learning Assessment

This course is completed via distance learning using Google Classroom.

You will be expected to complete all of your course assessments and examinations.

Cost

This course is free for most people. Fees will be discussed during your initial contact as you must be assessed for eligibility. Any available funding will depend on your circumstances. If you fail to complete the course, you may have to pay the full cost.

Progression

This qualification could assist you with the following potential job roles/employment opportunities:

- Teaching Assistant
- Teacher
- Art Therapist
- Occupational Therapist

We recommended this course if you provide direct support and/or work in sectors such as:

- healthcare
- social care
- leisure
- entertainment
- education and training
- nursing

If you require more information about this course, please use this link:-

[Course Information Enquiry](#)

or telephone our Customer Service Team on 01724 297146.

Why you should study with us

[Click here to see our FAQ page](#)