

Understanding Children & Young People's Mental Health - Level 2 Certificate

Course Name	Start Date	End Date	Site	Total Fees
Understanding Children & Young People's Mental Health - NCFE Level 2 Certificate - Distance Learning	01/07/2025	31/07/2026	Distance Learning - Home	65.00

Course Description

*** Please note that the tutor may need to speak to you and request further information from you. When you apply for a course, you will not be enrolled onto the course until a tutor has reviewed your application. Your place is not guaranteed until you receive confirmation from a tutor or a member of our Customer Services Team ***

You can apply for the Distance Learning option at any time during the Academic Year.

Level 2 Certificate in Understanding Children's and Young People's Mental Health - BLENDED LEARNING

Content and overview

Are you interested in increasing your knowledge of children's mental health? This qualification aims to equip you with a more detailed understanding of mental health conditions that affect children and young people, the legislation and guidance surrounding mental health, risk factors that may affect mental well-being and the impact that mental health concerns may have on young people and others.

You will need to complete the following 5 mandatory units:

Unit 1: Understand children and young people's mental health in context

In this unit, you will learn about the concept of mental health and how society's view of mental health has changed over time. You will also learn about the legislation in place to support children and young people's mental health.

Unit 2: Understand factors which may affect children and young people's mental health

This unit will cover the risk factors that can affect children and young people's mental health and how these can be mitigated. You will also look at how developmental changes and puberty can impact children and young people.

Unit 3: Understand children and young people's mental health concerns

This unit will look at the behaviours displayed by children and young people that may indicate a mental health concern. You will look in more detail at common mental health conditions that affect children and young people.

Unit 4: Understand the impact of children and young people's mental health concerns

In this unit, you will investigate the impact of mental health concerns on children, young people and others. You will look at the importance of diagnosis and the reasons why there may be a reluctance to seek a diagnosis.

Unit 5: Understand how to support children and young people with mental health concerns

In this fifth and final unit, you will explore person-centred approaches to supporting children and young people with mental health concerns, how to promote mental well-being in children and young people, and the services and treatment involved with children and young people's mental health.

Delivery Method

This course can be completed via blended or distance learning using Google Classroom.

You will be required to complete five online assignments (one assignment per unit) and an individual learning plan (ILP).

Suitable for:

This qualification is suitable for anyone looking to increase their knowledge of children and young people's mental health both in their personal and professional life.

Progression route:

Learners who achieve this qualification could progress to:

- Level 3 Certificate in Understanding Mental Health.
- Level 3 Award in the Awareness of the Mental Capacity Act 2005.
- Level 3 Diploma for the Children and Young People's Workforce (England).
- Level 3 Award/Certificate/Diploma in Supporting Teaching and Learning.

Entry requirements

For a funded/part funded course, you must be aged 19+ on 31 August 2025 and UK resident for at least 3 years. You must complete an online induction, which includes online safety, before you begin a course with us.

Why you should study with us

[Click here to see our FAQ page](#)

Additional information

We recommend you register your interest early, as this course is very popular.

You will need to bring a paper and a pen with you. A folder is useful to keep your work in.

Our dedicated team will be happy to help – just call us on 01724 297146 or send us an email (nlacl.enquiries@northlincs.gov.uk)

DISCLAIMER: You must be aged 19+ on 31 August 2025 and have been a UK resident for at least 3 years. When applying for this course, you must provide evidence to confirm eligibility for funding which includes proof of ID and full address.

If you have not lived in the UK for 3 years, you can still do a course with us, but you may need to pay for your course, depending on your immigration status. Please contact us on 01724 297146 for more information.