

# **Understanding Mental Health in Early Years NCFE L2 Certificate**

Course Name
Understanding Mental Health In The Early Years NCFE Level 2 Certificate - ALL

Start Date End Date Site Total Fees
01/08/2025 31/07/2026 Ashby Community Hub 65.00

# **Course Description**

\* Please note that when you apply for a course, the tutor may need to speak to you and request further information from you. Your place is not guaranteed until you receive confirmation from a tutor or a member of our Customer Services Team and you will not be enrolled onto the course until a tutor has reviewed your application \*

### NCFE Level 2 Certificate in Understanding Mental Health in Early Years

#### **Content and overview**

This course will help you gain an understanding of mental health in young children in the early years (from conception to 5 years old) and the role of the Early Years Practitioner in supporting children's mental health and wellbeing. You will develop knowledge which would support progression to further qualifications and into relevant employment in health and social care or education sectors.

#### The course consists of 3 mandatory units:-

**Unit 1:** Understand mental health for young children in the early years.

**Unit 2:** Understand the significance of attachment and adverse childhood experiences for young children in the early years.

**Unit 3:** Understand the role of the Early Years Practitioner in supporting mental health and wellbeing for young children in the early years.

#### **Delivery method**

There will be an one hour Google Classroom induction session, followed by 5 face to face sessions at Ashby Community Hub.

Remaining course materials will be accessed on Google Classroom. You are expected to complete three written assignments at a time convenient to you to meet the deadlines. You will also be expected to complete an Individual Learning Plan (ILP).

#### **Suitable for**

The Early Years Workforce who work within the Early Years Foundation Stage, including school settings, childminders and family support staff.

#### **Progression route**

NCFE level 2 Understanding Children and Young People's Mental Health, NCFE Level 2 Understanding Autism,

NCFE Level 2 Understanding Behaviour that Challenges, Solihull Approach training.

#### **Additional information**

You will not need a laptop with you at the sessions, a pen and paper/notebook will suffice.

## **Application and Course fees**

You can apply for this course using the 'Apply Now' button at the top of the page. You will need to complete all relevant details in the application form and to upload the evidence which supports your application (including ID). The course may be FREE of charge, depending on your personal circumstances. To be eligible, ID and evidence of benefit status or low wage (if applicable) is required in accordance with the ESFA Funding Rules. This evidence must be uploaded during the application process, so please have it ready before you apply. If you fail to provide the evidence required or to complete the course, you may have to pay the full cost.

Disclaimer: When applying for this course, you must provide evidence to confirm eligibility for funding. This includes proof of ID and full address. You must be 19 years or older on 31 August 2025 and a UK resident for at least 3 years to be eligible for a funded course.

If you are not eligible for funding, you may still be able to do this course, but you would need to pay the course fees.