

Understanding Mental Health in Early Years NCFE L2 Certificate - Distance Learning

Course Name	Start Date	End Date	Site	Total Fees
Understanding Mental Health In The Early Years - NCFE Level 2 Certificate - Distance Learning	01/08/2025	31/07/2026	Ashby Community Hub	65.00

Course Description

*** As this is a Distance Learning course, you can apply at any time during the academic year. However, Please note that when you apply for a course, the tutor may need to speak to you and request further information from you. Your place is not guaranteed until you receive confirmation from a tutor or a member of our Customer Services Team and you will not be enrolled onto the course until a tutor has reviewed your application ***

NCFE Level 2 Certificate in Understanding Mental Health in Early Years - Distance Learning

Content and overview:

Do you want to support the mental wellbeing of young children?

This course helps you understand how mental health develops in the early years (birth to 5), and how you can support children's emotional wellbeing from the start. You'll explore factors that influence mental health, signs of concern, and ways to create positive, nurturing environments.

It's ideal if you work with young children or are interested in doing so in the future.

What you'll learn:

- The importance of mental health in early childhood development
- Factors that can impact mental wellbeing (e.g. attachment, trauma, environment)
- How to recognise signs of emotional or mental health concerns in young children
- The role of adults in promoting wellbeing and resilience
- Support strategies and the importance of professional guidance and referrals

The course consists of 3 mandatory units:-

Unit 1: Understand mental health for young children in the early years.

Unit 2: Understand the significance of attachment and adverse childhood experiences for young children in the early years.

Unit 3: Understand the role of the Early Years Practitioner in supporting mental health and wellbeing for young children in the early years.

Delivery method:

Independent study with online learning support via Google Classroom.

All course materials will be accessed on Google Classroom. You are expected to complete three written assignments at a time convenient to you to meet the deadlines. You will also be expected to complete an

Suitable for:

The Early Years Workforce who work within the Early Years Foundation Stage, including school settings, childminders and family support staff.

This course is ideal if you:

- Work or volunteer in early years, childcare, or family support
- Are a parent or carer who wants to understand your child's emotional needs
- Are planning a career in education, social care, or child development
- Want to understand how to promote healthy emotional development from birth

Progression route:

NCFE Level 2 Understanding Autism

NCFE Level 2 Understanding Behaviour that Challenges.

Additional information:

You will not need a laptop with you at the sessions, a pen and paper/notebook will suffice.

Application and Course fees:

You can apply for this course using the 'Apply Now' button at the top of the page. You will need to complete all relevant details in the application form and to upload the evidence which supports your application (including ID). The course may be FREE of charge, depending on your personal circumstances. To be eligible, ID and evidence of benefit status or low wage (less than £25,750) is required in accordance with the ESFA Funding Rules. This evidence must be uploaded during the application process, so please have it ready before you apply. If you fail to provide the evidence required or to complete the course, you may have to pay the full cost.

DISCLAIMER: When applying for this course, you must provide evidence to confirm eligibility for funding, proof of ID and full address. Applying for a course does not mean you are automatically enrolled. You must be 19+ on 31 August 2025 and a UK resident.

Our dedicated team will be happy to help – just call us on 01724 297146 or contact using this link:-

<https://northlincsadulteducation.co.uk/contact>