

Intro Walking Football - Tailored Learning

Course Name	Start Date	End Date	Site	Total Fees
Introduction to Walking Football - The Pods - Monday Morning - Tailored Learning	23/02/2026	30/03/2026	THE PODS	0.00

Course Description

APPLICATION TO THIS COURSE IS BY REFERRAL ONLY.

YOU WILL NEED TO ATTEND AN INDUCTION SESSION AT SCUNTHOPRE JOB CENTRE ON 19.02.2026 BETWEEN 10AM AND 2PM.

Content & Overview:

This FREE 6-week course is aimed to improve your confidence, communication skills and social skills, through the enjoyment of walking football.

Individual Outcomes

You will set your own personal target/outcome that you want to achieve (to be agreed week 1)

Project Outcomes

Improved confidence and social / communication skills

Suitable for:

You must be over 50 years old, and either economically inactive or in receipt of benefits.

Entry requirements:

Your work coach, at the Job Centre will refer you to this course.

Delivery Method:

Face to face – practical sessions (wear suitable clothing and trainers). The sessions will be split into two halves – first half: walking football activity indoors, second half will be classroom-based employability.

Progression route:

There are a number of courses that you can progress onto, including:

Walking Football for Wellbeing
Get Going Get Active
Confidence and Wellbeing courses
Pathway to Work
Digital Skills

Why should you study with us:

- Exciting pilot scheme between AECL, DWP and North Lincolnshire Active

Free access and support with employability
Tailored to meet your personal needs and goals

DISCLAIMER:

Applying for a course does not mean you are automatically enrolled. You must provide evidence to confirm eligibility, as this course is funded by the Department of Education.

We will require to see, proof of ID, proof of your address, and evidence that you receive benefits or have an income of £25,750 gross or below.

YOU MUST BRING THIS EVIDENCE WITH YOU WHEN YOU START THE COURSE OR WORKSHOP. Alternatively, you can also bring these to be seen by the Business Admin Team, Room F09 at Ashby Community Hub, prior to your course or workshop starting.

You must be 19+ on 31 August 2025 and a UK resident. If you are unsure of your eligibility status, or require further information, please contact our Customer Service team on

01724 297146 or email <https://northlincsadulteducation.co.uk/contact/>