

Understanding Children & Young People's Mental Health - NCFE Level 2 Certificate - Distance Learning

Course Name	Start Date	End Date	Site	Total Fees
Understanding Children & Young People's Mental Health - NCFE Level 2 Certificate - Distance Learning	01/09/2026	31/07/2027	Distance Learning - Home	65.00

Course Description

As this is a Distance Learning course, you can apply at any time during the academic year. However, please note that when you apply for a course, your place is not guaranteed until you receive confirmation from a member of our Customer Services Team

Level 2 Certificate in Understanding Children's and Young People's Mental Health - DISTANCE LEARNING

Content and overview:

Are you interested in increasing your knowledge of children's mental health? This qualification aims to equip you with a more detailed understanding of mental health conditions that affect children and young people, the legislation and guidance surrounding mental health, risk factors that may affect mental well-being and the impact that mental health concerns may have on young people and others.

You will need to complete the following 5 mandatory units:

Unit 1: Understand children and young people's mental health in context

In this unit, you will learn about the concept of mental health and how society's view of mental health has changed over time. You will also learn about the legislation in place to support children and young people's mental health.

Unit 2: Understand factors which may affect children and young people's mental health

This unit will cover the risk factors that can affect children and young people's mental health and how these can be mitigated. You will also look at how developmental changes and puberty can impact children and young people.

Unit 3: Understand children and young people's mental health concerns

This unit will look at the behaviours displayed by children and young people that may indicate a mental health concern. You will look in more detail at common mental health conditions that affect children and young people.

Unit 4: Understand the impact of children and young people's mental health concerns

In this unit, you will investigate the impact of mental health concerns on children, young people and others. You will look at the importance of diagnosis and the reasons why there may be a reluctance to seek a diagnosis.

Unit 5: Understand how to support children and young people with mental health concerns

In this fifth and final unit, you will explore person-centred approaches to supporting children and young people with mental health concerns, how to promote mental well-being in children and young people, and the services and treatment involved with children and young people's mental health.

and treatment involved with children and young people's mental health.

Suitable for:

This qualification is suitable for anyone looking to increase their knowledge of children and young people's mental health both in their personal and professional life.

Entry requirements:

You must complete an online induction, which includes online safety, before you begin a course with us.

Literacy/IT Skills Recommended: Especially relevant for distance/online delivery, you'll need good written English and basic digital skills, with access to a device and internet, to be able to engage with course materials and complete assignments.

Delivery Method:

Independent study using Google Classroom resources. Online support from your tutor.

Progression route:

Learners who achieve this qualification could progress to:

- Understanding Autism - NFE Level 2 Certificate
- Understanding Behaviour that Challenge - NCFE Level 2 Certificate
- Understanding Mental Health In The Early Years - NCFE Level 2 Certificate

Why you should study with us:

[Click here to see our FAQ page](#)

DISCLAIMER:

You must be 19+ on 31 August 2026. You must also be resident in the Greater Lincolnshire County Council Area (GLCCA) on the first day of learning.

When applying for this course, you must provide evidence to confirm eligibility for funding, this includes proof of ID and proof of address. In addition, we will also require evidence if your income and or benefits, is £26,800 gross or below.

If you have not attached the evidence to your application, please provide using one of the following methods:

- In person - please bring to the Business Admin office (F09) at Ashby Community Hub
- Email - the evidence to nlac.enquiries@northlincs.gov.uk

The business admin team will contact you if any other eligibility requirements are required, based on your individual application. Please note applying for a course does not mean you are automatically offered a place on

the course.

If you need further assistance or have any questions, please contact our dedicated team will be happy to help – just call us on 01724 297146 or contact us on

<https://northlincsadulteducation.co.uk/contact/>