

Kitchen Confidence - Tailored Learning

Course Name	Start Date	End Date	Site	Total Fees
Kitchen Confidence (Blue Door) - Ashby Hub-Tuesday Morning - Tailored Learning	15/09/2026	20/10/2026	Ashby Community Hub	0.00

Course Description

THIS COURSE IS ONLY AVAILABLE TO REFERRALS FROM THE BLUE DOOR

Content & Overview

Build your confidence in the kitchen with our new Kitchen Confidence course. You'll learn how to cook simple, healthy and nutritious meals while developing essential kitchen skills, including food hygiene, health and safety, and basic nutrition. Whether you're just getting started or want to feel more capable preparing everyday meals, this practical and supportive course will help you gain the skills and confidence to cook with ease and enjoy making healthier choices for yourself or your family.

Course Details

6 week course

Suitable for

If you need to increase your confidence in the kitchen.

Delivery Method

Face to face

Progression Route

Further health and wellbeing tailored learning courses
Further qualifications including English, Maths, IT etc

DISCLAIMER:

You must be 19+ on 31 August 2026. You must also be resident in the Greater Lincolnshire County Council Area (GLCCA) on the first day of learning.

When applying for this course, you must provide evidence to confirm eligibility for funding, this includes proof of ID and proof of address. In addition, we will also require evidence if your income and or benefits, is £26,800 gross or below.

If you have not attached the evidence to your application, please provide using one of the following methods:

- In person - please bring to the Business Admin office (F09) at Ashby Community Hub

- Email - the evidence to **nlac.enquiries@northlincs.gov.uk**

The business admin team will contact you if any other eligibility requirements are required, based on your individual application. Please note applying for a course does not mean you are automatically offered a place on the course.

If you need further assistance or have any questions, please contact our dedicated team will be happy to help – just call us on 01724 297146 or contact us on

<https://northlincsadulteducation.co.uk/contact/>