

Walking Football - Tailored Learning

Course Name	Start Date	End Date	Site	Total Fees
Walking Football - The Pods - Tuesday Afternoon - TL	06/10/2026	15/12/2026	THE PODS	0.00

Course Description

TO ATTEND THIS COURSE YOU MUST BE REFERRED BY YOUR JOB CENTRE WORK COACH.

Content & Overview:

Walking Football is a friendly and supportive 10-week course that combines gentle physical activity with wellbeing, confidence building, and employability support. Each session includes a warm-up, a game of walking football, and engaging activities designed to improve communication skills, boost confidence, enhance wellbeing and build social connections. You'll also receive practical employability support such as CV writing, interview preparation, and work skills development. No football experience is needed, and as a non-contact activity, it's suitable for all abilities.

Suitable for:

Job Centre Plus referrals for those in receipt of benefits and unemployed/economically inactive.

Entry requirements:

Referred through work coaches and Job Centre.

Delivery Method:

Face to face – practical sessions, wear suitable clothing and trainers.

Progression route:

Upon completion of this course, learners may wish to study further workshops or courses in both tailored learning or qualifications.

They may progress into employment.

Support is available from our Information, Advice and Guidance team.

Any additional information:

Please wear comfortable clothing suitable for light physical activity as well as suitable trainers/footwear. Please bring a drink or refillable water bottle (water is available free of charge from The Pods).

DISCLAIMER:

You must be 19+ on 31 August 2026 and ordinarily resident in England for the last 3 years. You must also be resident in the Greater Lincolnshire County Council Area (GLCCA) on the first day of learning.

When applying for this course, you must provide evidence to confirm eligibility for funding, this includes proof of ID and proof of address. In addition, we will also require evidence if your income and or benefits, if £26,800 gross or below.

If you have not attached the evidence to your application, please provide using one of the following methods:

- In person - please bring to the Business Admin office (F09) at Ashby Community Hub
- Email - the evidence to nlac.enquiries@northlincs.gov.uk

The business admin team will contact you if any other eligibility requirements are required, based on your individual application. Please note applying for a course does not mean you are automatically offered a place on the course.