North Lincolnshire Council | ADULT EDUCATION & COMMUNITY LEARNING

Healthy Screen Habits - Tailored Learning

Course Name	Start Date	End Date	Site	Total Fees
Healthy Screen Habits - Outwood Jr Academy - Monday Afternoon - Tailored Learning	19/10/2026	09/11/2026	Outwood Junior Academy Brumby	0.00

Course Description

THIS COURSE IS AVAILABLE TO PARENTS WHO ARE REFERRED BY OUTWOOD JUNIOR ACADEMY BRUMBY

Content & Overview:

This friendly and practical 3 week course is designed to help parents develop healthy family screen habits. Together, we will explore how technology has changed over the years, look at current screen use in the home, and learn about age-appropriate guidance for children. Parents will discover simple and realistic guidance for children. Parents will discover simple and realistic ways to reduce screen time. They will learn how to choose better content and understand the benefits of using screens together rather than alone. The course also supports parents to lead by example, set clear and consistent boundaries, and create a family screen plan that works for the household. During the final 30 minutes of each session, children will join their parents to encourage conversation, co-operation and positive screen habits, helping families make lasting changes together.

Progression route:
After completion of this course you could:

- Study further family learning courses through Adult Education and OJAB
- Study further tailored learning courses
- Study further qualifications such as English, maths, digital
- Gain employment

Any additional information:
N/A

DISCLAIMER:

You must be 19+ on 31 August 2026. You must also be resident in the Greater Lincolnshire County Council Area (GLCCA) on the first day of learning.

When applying for this course, you must provide evidence to confirm eligibility for funding, this includes proof of ID and proof of address. In addition, we will also require evidence if your income and or benefits, is £26,800 gross or below.

If you have not attached the evidence to your application, please provide using one of the following methods:

- In person - please bring to the Business Admin office (F09) at Ashby Community Hub
- Email - the evidence to **nlacl.enquiries@northlincs.gov.uk**

The business admin team will contact you if any other eligibility requirements are required, based on your individual application. Please note applying for a course does not mean you are automatically offered a place on the course.

If you need further assistance or have any questions, please contact our dedicated team will be happy to help – just call us on 01724 297146 or contact us on

https://northlincsadulteducation.co.uk/contact/